

# Your school needs you!

Join your class on this SIS mission to help keep your friends, family and school safe.



Your mission is to take a simple test. It doesn't hurt and only takes a few minutes.

Every test makes a difference.

Speak to your teacher to join the SIS Squad of volunteers.



There are two gentle swabs which don't hurt in these quick tests.

## 1 Quick nasal swab test



- Taken by a nurse or another adult
- Goes gently in the tip of your nose
- Just takes a few seconds

## 2 Simple saliva swab



- Taken by children themselves
- A study worker will show you how to do it
- A small soft sponge goes between your gum and teeth
- Its like brushing your teeth
- It only takes 2 minutes



Public Health  
England

LONDON  
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HYGIENE  
& TROPICAL  
MEDICINE



**NHS**

Test and Trace