

Primary Autumn / Winter Menu 2019/20



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main Meal	Beef Burger in a Bun served with Oven Baked Chipped Potatoes, Salad and Ketchup	Shepherds Pie served with Diced Carrots and Gravy	Chicken Fillet served with Roast Potatoes, Farmhouse Vegetables and Gravy	Chicken Curry served with Rice and Naan Bread	Fish Fingers served with Creamed Potatoes and Baked Beans
	Main Meal (non meat) Choice	Sausage Bake	Cheese & Tomato Pizza served with Oven Baked Jacket Wedges and Tomato Salsa	Macaroni Cheese served with Tomato Bread and Salad	Cheese Quiche served Oven Baked Herby Diced Potatoes and Spaghetti Hoops	Country Bake served with Creamed Potatoes and Baked Beans
	Cold Choice	A selection of freshly made sandwiches/wraps served with choice from the salad bar				
	Jacket Potato	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese (3 available daily)				
	Pudding	Chocolate Orange Fruit	Fruit Sponge served Day Ice Cream Tubs	Abbey Biscuit Muffin	with Custard	
	Pudding	Selection of Fresh Fruits / Cheese and Crackers / Yoghurts				

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Week 2	Main Meal	Pork Sausage served with Potato Smiley Faces and Spaghetti Hoops	Beef Meat & Potato Pie served with Broccoli and Red Cabbage	Roast Turkey served with Roast Potatoes, Peas & Sweet corn and Gravy	Lamb Bolognese served with Pasta and Crusty Bread	Fish Fillet served with Oven Baked Chipped Potatoes and Peas
	Main Meal (non meat) Choice	Vegetable Nuggets served with Smiley Faces and Spaghetti Hoops	Pasta Bake served with Crusty Bread and Salad	Quorn Biryani served with Naan Bread	Folded Omelette served with Hash Brown and Baked Beans	Cheese Rolls served with Oven Baked Chipped Potatoes and Peas
	Cold Choice	A selection of freshly made sandwiches/wraps served with choice from salad bar				
	Jacket Potatoes	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese, (3 available daily)				
	Pudding	Arctic Roll	Shortbread Biscuit	Fruit day Rice	Pudding	Carrot Cake with a Butter cream Topping
	Pudding	Selection of Fresh Fruits / Cheese and Crackers / Yoghurts				

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Week 3	Main Meal	Fish Cake served with Creamed Potatoes and Baked Beans	Roast Beef served with Roast Potatoes, Mashed Carrot/Swede and Gravy	Chicken Slider served with Oven Baked Chipped Potatoes and Peas	Pork Meatballs in a Tomato & Basil sauce served with Pasta and Crusty Bread	Salmon Fillet served with Oven Baked Herby diced Potatoes and Baked Beans
	Main Meal (non meat) Choice	Brunch	Quorn Pasta Bake served with Garlic Bread	Sausage Roll served with Oven Baked Chipped Potatoes and Peas	Quorn Burger in a bun served with Oven Baked Jacket Wedges and Salad	Cheese & Tomato Pizza served with Oven Baked Herby diced Potatoes, Sweetcorn and Ketchup
	Cold Choice	A selection of freshly made sandwiches/wraps served with choice from salad bar				
	Jacket Potato	Jacket Potato served with either Baked Beans, Tuna Mayonnaise, Homemade Coleslaw or Cheddar Cheese (3 available daily)				
	Pudding	Doughnut Iced	Sponge Fruity Day	Jelly with Cream	Fruit Crumble and Custard	
	Pudding	Selection of Fresh Fruits / Cheese and Crackers / Yoghurts				