

Are your vaccines up to date?

Making sure you and your children are up to date with vaccinations is vital.

Vaccination protects you, your children and those around you from diseases, some of which can cause severe illness, disability and even death. The more people who are vaccinated, the less chance a disease has to spread.

Babies and toddlers need vaccinations to protect them from childhood infections including measles, mumps, rubella (MMR), rotavirus, diphtheria, whooping cough, meningitis, polio, tetanus, hepatitis B, TB and more.

Pre-school and school aged children need booster vaccinations for some of the diseases listed above.

Check your children's immunisations are up to date by speaking to your health visitor or GP practice. If your child has missed any vaccinations, contact your GP today to book an appointment.

If you have paid for immunisations privately or had vaccinations abroad, remember to take your baby's red book or personal child health record (PCHR) when you visit the baby clinic or GP to keep their records updated.

Vaccines are thoroughly tested before being offered to the public but if you have any concerns or want to check if your vaccines are up to date speak to your health visitor, practice nurse or GP.

For more information visit www.nhs.uk/conditions/vaccinations